

# *Empowerments for Student Learning*

## *Exclusively for Adjuncts*

**Honoring active learning and supportive teaching environments in a changing paradigm of higher education**

*Expand your knowledge. Broaden your resources. Spark students' inspiration.*



### **Volume 3, Issue 13**

What changes do you make when you know your lessons haven't been successful?

"The only real failure is the failure to learn from failure". ~ Henrik Kniberg

Sharon Bowman shares her version of **The 4Cs**, an Accelerated Learning Instructional Design Model. You might want to consider these steps when planning your lesson.

**C1-Connections:** Learners make connections with what they already know or think they know about the topic, with what they will learn or want to learn, with each other, and with the instructor.

**C2-Concepts:** Learners take in new information in multisensory ways: hearing, seeing, discussing, writing, reflecting, imagining, participating, and teaching it to others.

**C3-Concrete Practice:** Learners actively practice a skill using the new information, or they participate in an active review of what they have learned. .

**C4-Conclusions:** Learners summarize what they have learned, evaluate it, celebrate it, and create actions plans on how to use it.

Adapted from Sharon Bowman, [www.Bowperson.com](http://www.Bowperson.com)

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