













310 Technology Drive
Bartow, FL 33830

J. LENORA BRESLER, J.D., SPHR, ASC

J. Lenora Bresler is an attorney, senior certified human resource professional, and a certified advanced speaker. She has her own leadership and motivation firm in Lakeland. She is a keynote speaker, trainer, coach, and author. Her newest book, *Instant Insight: 15 Questions to Great Relationships*, is due out next month. She is the co-author of *Mission Possible* and *Best of the Best* and the editor of the motivation book, *Jump Starts* by Timothy Richardson. J. Lenora has taught all modules of the SHRM Learning System for eight years at Valencia College and has repeatedly won awards for 100% pass rates of her classes. J. Lenora has also taught for PSC's corporate college division since 2001. With a background in acting, singing, and piano, J. Lenora brings a flavor of humor and entertainment to all her trainings.



Topics taught by this instructor:

-  Moving from Conflict to Collaboration
-  PHR/SPHR Certification Exam Prep
-  Human Resource Management Certificate
-  Employing the Law Defensively
-  Team Fundamentals
-  After All, You're the Supervisor
-  Strategic Customer Care
-  Diversity
-  Personal Branding
-  Leadership Styles